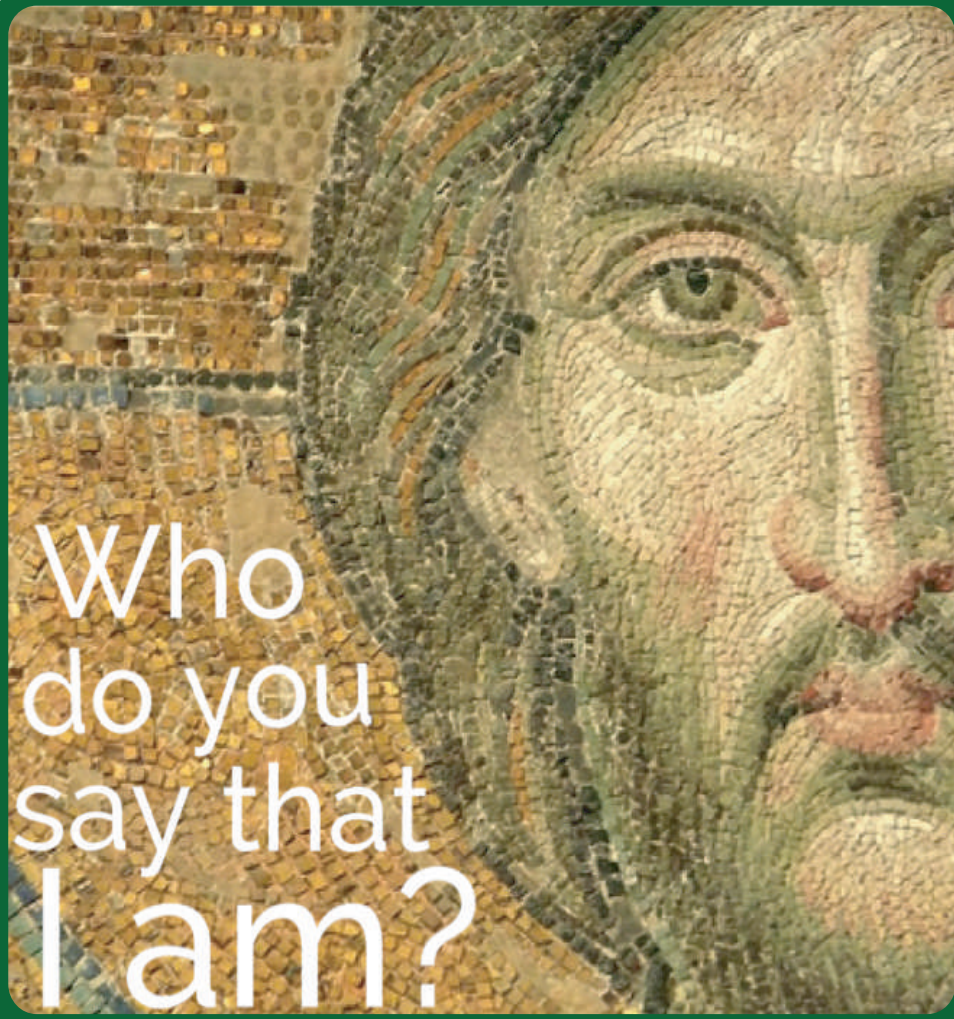




The Catholic Parish of Pittwater

Sacred Heart & Maria Regina. Neighbourhoods of Grace, entrusted to the care of the Salvatorians.



Who
do you
say that
I am?

Prayer to be Disciples

Loving Father,
open our hearts to hidden
realities:

Your love for all people,
Your presence in the community,
Your call to justice and peace.

Christ Jesus,
help us imitate Your example:
healing the sick,
welcoming the stranger,
assisting the poor and
vulnerable.

Holy Spirit,
make visible to our eyes what
is invisible:

Your call to Your people,
Your summons to live our faith
daily as witnesses of justice
and peace.

May the Eucharist move us to
engage on love-inspired
action that transforms us and
the world.

Amen.

Thoughts of Blessed Francis Jordan

Cast all your cares to the Lord and soon you will discover
that the Lord directs all things to the best outcome!

A warm welcome to all
our parishioners
and visitors who are
celebrating the
Eucharist with us
at Pittwater Parish
Sacred Heart Church and
Maria Regina Church



POPE FRANCIS' PRAYER INTENTION FOR August

For World Youth Day
We Pray that the World Youth Day in
Lisbon will help young people to live
and witness the Gospel in their own
lives.

Continue to practise good
hygiene. *Please use the
hand sanitisers provided
in both of our Churches.*

MASS TIMES

SACRED HEART CHURCH
1 Keenan Street, Mona Vale

WEEKDAY MASSES

Tuesday 8.30am
Exposition of the Blessed Sacrament, Adoration, Reconciliation and Benediction from 8:30 am, followed by Mass at 9.30am
Wednesday 9.30am
Thursday 7pm
Exposition of the Blessed Sacrament, Adoration, Reconciliation and Benediction from 7.30pm to 9pm
Friday 9.30am
First Friday of the Month, Exposition of the Blessed Sacrament, Adoration, Reconciliation and Benediction from 9.30am, followed by Mass with Anointing of the Sick at 10.30am

WEEKEND MASSES

Saturday Vigil 5.00pm
Sunday 8.00am • 10.00am • 6.00pm (SOUL)

RECONCILIATION
4.00pm to 4.30pm Saturday

Baptism
4th Sunday - 11.30am

MARIA REGINA CHURCH
7 Central Road, Avalon

WEEKDAY MASSES

Monday 8am
Wednesday 8am
Thursday 10am
9am Exposition of the Blessed Sacrament, Adoration and Benediction at 9.45am
Friday 8am

Mass with Anointing of the Sick - First Friday of the Month at 8am

WEEKEND MASSES

Saturday Vigil 6.00pm
Sunday 9.00am

RECONCILIATION
Before Vigil Mass on Saturday
BAPTISM
3rd Sunday - 11.00am

We Pray *for*

Deceased Anniversary

Matthew Seve
Matthew Robert
Williams

Recently Deceased

Carole Elaine
Anderson

Prayer for the Sick

Anna Smigowska
Guy Zofrea
Avelino Samartin
Jeff Langley
Mark Linfiels
Nick Moullakis
Bill Eyre
Brian Gregan
Marcia Bailey
Bec Burroughs
Susan Hickey
Margaret De Landre
Maeve Robinson
Jenny Carroll
Matt Ukishima
Mina Lee
Maureen Larios
Denise Wagner
Tom Murphy
Leonie Ariemetto



Vinnies

New stock is now available at the Vinnies Sacred Heart Piety Store for the First Holy Eucharist.

All proceeds of the Piety Store go to St Vincent de Paul.

All transactions are CASH only, as we do not have EFTPOS facilities.

Any queries, please contact the Parish Office on 9157 0999.

BOOK REVIEW

Jesus the Gift of Love

by: Jean Vanier



Jean Vanier writes with a go-to-the-heart simplicity that makes the man Jesus come alive in all his humanity, revealing his immense goodness and his bountiful love for everyone he met. This book is the story of Jesus.

Liturgy for the Week

28/08 Monday, St Augustine
1 Thess 1:1-5, 8-10;
Mt 23:13-22

29/08 Tuesday, The Passion of St John the Baptist
Jer 1:17-19; Mk 6:17-29

30/08 Wednesday, Ordinary Time 21
1 Thess 2:9-13; Mt 23:27-32

31/08 Thursday, Ordinary Time 21
1 Thess 3:7-13; Mt 24:42-51

01/09 Friday, Ordinary Time 21
1 Thess 4:1-8; Mt 25:1-13

02/09 Saturday, Ordinary Time 21
1 Thess 4:9-11; Mt 25:14-30

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Give to our Parish of Pittwater

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Scan the QR code above with your camera app and follow the prompts

Use this App to support our Clergy through the first collection and our Parish through the second collection. Donations can be made weekly, fortnightly, monthly or one-off.

Thank you for your continued contributions and support. Your financial contributions and your generous donations throughout the year are greatly appreciated.

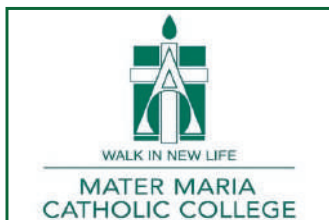
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Stella Maris COLLEGE MANLY

HSC 2022 - 63rd ranked school in NSW

2023
Our Year of Stewardship



Parish Bulletin - Term 3, Week 5

The College was very busy this week with compassion, a love of learning and dedication exhibited by our student body. Many students involved with Zonta support women in remote regions of the developing world. This week they assembled birthing kits for the Birthing Kit Foundation Australia. These kits, accompanied by crucial educational resources, are destined to support these women. By promoting hygienic birthing practices, we empower these mothers to welcome their newborns into the world safely.

Our Year 11 Preliminary and HSC Legal Studies students embarked on a transformative learning experience at the Justice and Police Museum on Tuesday. They were exposed to a captivating mock trial that offered an intricate view of the NSW Legal System. The event allowed our senior students to engage with legal professionals and foster a deeper understanding of this field. As part of our Pathways Program, our Child Studies students participated in an Early Childhood Education Open Day on Wednesday in Cremorne. This engagement was part of our unique Traineeship Development Program, an invaluable opportunity for our students to interact with industry experts and expand their horizons in early childhood education.

The artistic prowess of our Year 11 Drama students took centre stage on Wednesday and Friday evenings, captivating the College community with a lively rendition of the "Complete Works of Shakespeare (Abridged)" in our Byrne Theatre. This condensed yet vibrant portrayal of Shakespeare's masterpieces enthralled the audience, offering a testament to our students' creative brilliance.

Friday was marked by our Year 9 Commerce students' entrepreneurial spirit, as they organised a Commerce

Market Day within our Marana Complex. Showcasing a diverse array of 30 student-run businesses, this event exemplified their innovation and business acumen.

Demonstrating our commitment to charitable causes, we held a cupcake fundraiser on Friday in memory of a beloved student, aimed at raising funds for Kids Cancer. This outpouring of empathy and generosity stands as a testament to the character of our Mater Maria community.

The week also saw our Year 11 students presenting their leadership aspirations to our executive staff, their peers and teachers. Their speeches underpinned their commitment to servant leadership, inspired by the teachings of Jesus. We congratulate the exceptional individuals who have been selected as the 2024 College Prefects, Captains & Vice Captains embodying our core values. Throughout the term, our students have continued to demonstrate their sportsmanship and school spirit at various sporting events, including the Peninsula Cup Boys Rugby Union, Girls Soccer games, CSBB Golfing Championships and MWBA Basketball competitions. Their participation reflects the essence of teamwork and dedication here at Mater Maria.

For those seeking to join our enriching educational journey, applications for Year 7, 2026 and beyond are now open. While Year 7, 2024 and Year 7, 2025 have waiting lists in place, we encourage prospective students and parents to learn more about our offerings by visiting <https://matermaria.nsw.edu.au>. Our College values at Mater Maria Catholic College - Community - Hospitality - Justice - Spirituality - Stewardship - are touchstones for us in our journey of bringing our follow Jesus.



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friends of
soibada

Soup for Soibada

6.30pm
15 September 2023
Maria Regina Church Hall
Central Rd Avalon Beach
Tickets \$20
Enjoy a warm bowl of soup,
crusty bread and live
entertainment

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1 Keenan Street Mona Vale
NSW 2103
Tel 9157 0999

Parish Priest
Fr Richard Sadowski SDS
Tel 9157 0999 ext 10
pp@pittwaterparish.org

Assistant Priest
Fr Zygmunt Smigowski SDS
Tel 9157 0999 ext 12
ap@pittwaterparish.org

Parish Secretary
Belinda Cimino
Tel 9157 0999 ext 30
office@pittwaterparish.org

Director of Music
Josh Willard
Tel 9157 0999 ext 17
music@pittwaterparish.org

**Media & Communications
Coordinator**
Conille Felias
Tel 9157 0999 ext 31
media@pittwaterparish.org

Sacramental Coordinator
Sonia Samartin
Tel 9157 0999 ext 13
sacraments@pittwaterparish.org

CCD Catechist Coordinators
Maureen Wooldridge
Mobile 0421 907 469
Veronica Thomas
Mobile 0417 061 534

Parish Office Hours
Monday to Thursday
9.00 am to 4.00 pm
Friday
9.00 am to 12.00 pm

Sacred Heart Church
1 Keenan Street Mona Vale
Maria Regina Church
7 Central Road Avalon

MONA VALE
Sacred Heart School
el 8197 6900
Principal: Mr Jamie Wahab

AVALON
Maria Regina School
Tel 9918 2608
Principal: Miss Kirsty Thorpe

WARRIEWOOD
Mater Maria Catholic College
Tel 9997 7044
Principal: Mr Marc Reicher

To be a Rock of Faith, We Must let our Thinking be Changed



Among the various Gospel readings that we have Sunday after Sunday, I think this particular lesson is one that every one of us probably feels we can easily be drawn into that situation, put ourselves there with the disciples as Jesus says, "Who do people say I am?" And I think it's easy to imagine how they must have kind of chatted with one another, "Well, what have you heard? What have I heard?" And they come up then with these answers: "Some say you're John the Baptist." That would be John risen from the dead because he had been put to death by Herod, and Herod was very frightened of that possibility. "But then others," the disciples said, "well, they say you're Elijah or Jeremiah, one of the other prophets." But then comes the really important question to those disciples and to every one of us: "Who do you say that I am?" "Who do you say that I am?" This is Jesus now, who we learn about through the Gospels: "Who do you say?" And that question, of course, is key to everything in our faith. Are we ready to say with Peter, "You are the Christ, the chosen one, the son of the living God"? And so we try to enter into this and see if we're ready to say to Jesus, "You are the Christ, the Messiah, the son of the living God."

There are many various commentaries about this Gospel lesson that then speak about this rock upon which Jesus builds the church, and the most ancient commentary understood that Peter was a type of every disciple, of every one of us. So if we can say, "You are the Christ, the son of the living God," Jesus is saying to us, "This is a gift of faith. God has helped you to know this." And so as a disciple, each one of us can also say, "Yes, Jesus is the Christ."

So it's the whole church, every disciple, who responds to this question by saying to Jesus, "You are the Christ." That's the rock of which the church is built, the rock of the faith of all of us. It's not just Peter and his faith that is the rock on which the church is built. This is reinforced just a couple of chapters later in Matthew's Gospel, where Matthew has Jesus saying to all of the disciples, "I say to you, whatever you bind on earth, heaven will keep bound. Whatever you unbind on earth, heaven will keep unbound."

And so we, who are the church, are the rock foundation. Our faith is a rock foundation of the community of disciples of Jesus. And of course, that's for each of us a blessing, a grace that God has enabled us to have this faith. It's a gift to be able to say about Jesus, who was fully human, "You are the Christ, the son of the living God." But when we do make

that pronunciation of faith and claim then our discipleship, we are part of this church of community of disciples throughout the whole world on who the church depends as the rock. The church is built on us as the rock, and of course, I know we all are blessed because of this, but also it presents to us a very real challenge as disciples of Jesus to follow him, to accept his teachings, to live according to his way. It's very strange, almost, that Peter, the one who is the first to proclaim his faith in Jesus, in a very short time shows his inadequacy ... Shortly after this happened, Matthew tells us, "From that day, Jesus began to make it clear to his disciples that he must go to Jerusalem. "He would be handed over to his enemies, suffer many things from the Jewish authorities, that he would be killed, and be raised on the third day." And when Jesus said this to the disciples, Peter immediately objects. Peter took Jesus aside and began to reproach him: "Never, no! This must not happen to you." See, I think Jesus is trying to show Peter the way that Jesus wanted his disciples to follow him so that when he's handed over to his enemies, he doesn't take up the sword to fight back. He allows himself to be tortured, executed, be put to death.

And when Peter objected, Jesus says to Peter, "Get behind me, you Satan! You're a stumbling block! You are an obstacle. You are not thinking as God does, but as people do." Even though Peter is the first disciple among all the disciples and is the beginning of this rock on which the whole church is built, he finds it difficult to accept the way of Jesus. See, this is the time, it's toward the end of the public life of Jesus, and there are huge followings, and some of the disciples have begun to think that Jesus is going to be a warrior king like David. He will lead an army to overthrow the Roman occupiers, and that's what Jesus is rejecting -- any kind of violence, any kind of war that would try to correct injustice or violence by more violence, and that's what Peter couldn't accept. Jesus then goes on to say, "If you want to be my disciple, deny your very self and follow me. Follow me, my way of love, rejecting all violence."

And just as that was very hard for Peter to accept -- and probably the other disciples, too, although Peter was the one who spoke out -- it's very hard for us to accept. But if we're really going to be that rock of faith that is the foundation of the whole church, we must try to let ourselves be changed in our thinking. Pope Francis spoke at a homily: "How many conflicts, how many wars have marked our history? Even today, we raise our hand against our brothers and sisters. We have perfected our weapons, but our conscience has fallen asleep, and we have sharpened our ideas to justify ourselves as if it were normal. We continue to sow destruction, pain, death. Violence and war lead only to death." That's the message that Jesus proclaims in the Gospel today when he accepts the faith of Peter, but then challenges Peter to "follow me; reject violence and killing." Bring about the transformation of our world into the reign of God only through the transforming power of love.

This is what Jesus did as he died on the cross. He reaches out in love to those putting him to death. And that's the spirit we must begin to develop within our own hearts, our own spirit, if we are going to be that rock, that faith upon which our church throughout the world is built, and will endure to bring about God's peace in its fullness at some point.

By: Thomas Gumbleton
National Catholic Reporter

SOCIAL JUSTICE 2023

SOCIAL JUSTICE STATEMENT 2023-24
**Listen,
Learn, Love**

A New Engagement with Aboriginal
and Torres Strait Islander Peoples

Australia's Catholic bishops have called on the nation to seek "a new engagement" with Aboriginal and Torres Strait Islander peoples in their annual Social Justice Statement for 2023-24.

Since the 1940s, the bishops have published annual statements that urge the Catholic community to reflect and act on social, economic and ecological issues. The statements are published as a focal point for Social Justice Sunday, which will be marked on August 27 this year.

This year's statement, Listen, Learn, Love: A New Engagement with Aboriginal and Torres Strait Islander Peoples, was launched in western Sydney on August 17 by Bishop Vincent Long OFM Conv, chair of the Bishops Commission for Social Justice, Mission and Service.

"One of the objectives of this statement is that we want Catholics to understand that Catholic social teaching and Catholic social action are not simply theoretical and academic exercises," he said.

"We hear what God is saying to us about justice by being with our sisters and brothers on the peripheries of society."

For information please go to this website:

socialjustice.catholic.org.au

**Welcome to
Pittwater Parish
Reggie Thomas
Kroon
at
Maria Regina Church
Avalon
on the
20th of August 2023
for the
Sacrament of
Baptism**



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& the inaugural
Director of the
Mary Mackillop
Heritage Centre
Melbourne
17 October- 28 October
2023

Booking & Enquiries

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application, please contact the
Australian Pilgrimage Coordinator

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national.pilgrimage@mmp.org.au

Telephone

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Check out our new RCIA Banner

“ COME BACK TO ME WITH ALL YOUR HEART ”

... a gentle invitation from Jesus Christ for us
to enter into a deep relationship with him.

Please join us in our new RCIA program starting in September.

More information on our new website : www.pittwaterparish.org

Call us for more detail at : 02 9157 0999



Vinnies

Piety Store

There are “Pre-loved” and
“Never been Worn”

First Communion Dresses
available in the Piety Store.
All proceeds of the Piety Store
go to St Vincent de Paul.

All transactions are CASH only,
as we do not have
EFTPOS facilities.

Any queries, please contact
the Parish Office on 9157 0999.



Our faithful parishioner

John Graham

A devout member of our
Maria Regina community

Memorial Mass

Friday, 1st of September 2023

3 pm, Maria Regina Church

First Holy Eucharist Update

Children preparing to receive the
First Eucharist are finalising their
4-week group preparation sessions.

Next week, the rehearsals for the
First Holy Eucharist are taking place
as follows:

Tuesday, 29 August @ 4 pm
Maria Regina, Avalon

Thursday, 31 August @ 3:30 pm
or 4:30 pm

Sacred Heart Church, Mona Vale
Each session will run for 45 mins-1 hour

Children *should attend the rehearsal
at the same church* they are booked
in to receive their First Eucharist. A
parent is to attend the rehearsal
session with their child.

RCIA- New Programme to Start in September 2023

For many years we have been conducting RCIA in our
Parish, but this year we have modernised and simplified
the programme to make it easier for interested parties
to follow the sessions in their busy life schedule.
RCIA stands for Rite of Christian Initiation of Adults
and is designed for people of any denomination who are
interested to learn about our Catholic tradition; Catholics
who simply want to be updated on their knowledge of
faith and spirituality would also be most welcome to join.
Those who are not baptised, as well as Christians of other
denominations, will be invited to become full members
of our Catholic Community at the end, at Easter 2024,
when they receive the Sacraments of Initiation:

**BAPTISM, CONFIRMATION AND
HOLY EUCHARIST**

If you head over to www.bbcatholic.org.au/pittwater
There is a short video giving an introduction and
touches on questions, potential candidates may have
on their minds.

All are most welcome to join our informal
group sessions.

Simply register your interest at the Parish Office,
9157 0999 or by email at office@pittwaterparish.org
by Thursday, 31st August 2023.

The *Living* Word

Entrance Antiphon

Cf Psalm 85:1-3

Turn your ear, O Lord, and answer me;
save the servant who trusts in you, my
God.
Have mercy on me, O Lord, for I cry to
you all the day long.

First Reading

Isaiah 22:19-23

A reading from the prophet Isaiah

*I place the key of the House of David
upon his shoulder.*

Thus says the Lord of hosts to Shebna,
the master of the palace:

I dismiss you from your office,

I remove you from your post,

and the same day I call on my servant
Eliakim son of Hilkiyah.

I invest him with your robe,

gird him with your sash,

entrust him with your authority;

and he shall be a father

to the inhabitants of Jerusalem

and to the House of Judah.

I place the key of the House of David
on his shoulder;

should he open, no one shall close,

should he close, no one shall open.

I drive him like a peg

into a firm place;

he will become a throne of glory

for his father's house.

The word of the Lord

Responsorial Psalm

Ps 137:1-3. 6. 8. R. v.8

**(R.) Lord, your love is eternal;
do not forsake the work of your hands.**

I thank you, Lord, with all my heart,
you have heard the words of my mouth.
Before the angels I will bless you.

I will adore before your holy temple..

(R)

I thank you for your faithfulness and
love which excel all we ever knew of
you. On the day I called, you answered;
you increased the strength of my
soul. **(R.)**

The Lord is high yet he looks on the
lowly and the haughty he knows from
afar. Your love, O Lord, is eternal,
discard not the work of your hands. **(R.)**

Second Reading

Romans 11:33-36

A reading from the letter of St Paul to the Romans

*From him, through him, and in him are
all things.*

How rich are the depths of God – how
deep his wisdom and knowledge – and
how impossible to penetrate his motives
or understand his methods! Who could
ever know the mind of the Lord? Who
could ever be his counsellor? Who could
ever give him anything or lend him
anything? All that exists comes from
him; all is by him and for him. To him be
glory for ever! Amen.

The word of the Lord.

Gospel Acclamation

Matthew 16:18

Alleluia, alleluia!

You are Peter, the rock on which I will
build my Church; the gates of hell will
not hold out against it.

Alleluia!

Gospel

Matthew 16:13-20

A reading from the holy Gospel according to Matthew

*You are Peter, to you I will give the keys
of the kingdom of heaven.*

When Jesus came to the region of
Caesarea Philippi he put this question to
his disciples, 'Who do people say the
Son of Man is?' And they said, 'Some
say he is John the Baptist, some Elijah,
and others Jeremiah or one of the
prophets.' 'But you,' he said 'who do you
say I am?' Then Simon Peter spoke up,
'You are the Christ,' he said, 'the Son of
the living God.' Jesus replied, 'Simon
son of Jonah, you are a happy man!
Because it was not flesh and blood that
revealed this to you but my Father in
heaven. So I now say to you: You are
Peter and on this rock I will build my
Church. And the gates of the underworld
can never hold out against it. I will give
you the keys of the kingdom of heaven:
whatever you bind on earth shall be
considered bound in heaven; whatever
you loose on earth shall be considered
loosed in heaven.' Then he gave the
disciples strict orders not to tell anyone
that he was the Christ.

The Gospel of the Lord

Communion Antiphon

Cf Psalm 103:13-15

The earth is replete with the fruits of
your work, O Lord;
you bring forth bread from the earth
and wine to cheer the heart.

REFLECTION

by Dianne Bergant CSA

*The readings highlight two different but
related themes: the character of our
understanding of Christ, and our
understanding of discipleship that flows
from it. Christological reflections reach a
climax in the question posed to the
disciples: Who do you say I am? In this
liturgical context, the same question is
posed to us. Who is this one who
multiplies loaves of bread, who walks on
turbulent waters, who breaks the
boundaries that separate insider from
outsider? It is none other than the
messiah.*

*When Peter testified to Jesus' identity, it
was a relevant religious and political
statement, for messianic expectation was
a burning question at that time. But what
does it mean for the average Christian
today? Many believers consider
messianic expectation a theological
theme that belongs to the past. They feel
that it is difficult to get excited about the*

*coming of someone who we believe has
already come and gone. If Jesus were to
pose this question today, how would we
answer?*

*Like Peter, we too may have good
intentions, but when they are put to the
test we realise that that was all that they
were – good intentions. Still, we should
not be discouraged by our weaknesses,
for just as Peter's failure did not deter
God from entrusting him with power and
authority, so our failures need not be
obstacles to God's grace in our lives. We
watch God entrust the church to
individuals who are weak and
undependable, and we realise that
judgments are inscrutable and God's
ways unsearchable.*

© Dianne Bergant CSA

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Bishop Anthony Randazzo

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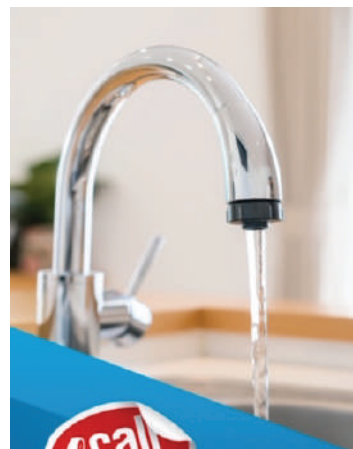


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**SEEK THE LORD
AND HIS STRENGTH;
SEEK HIS PRESENCE
CONTINUALLY!**

1 Chronicles 16:11



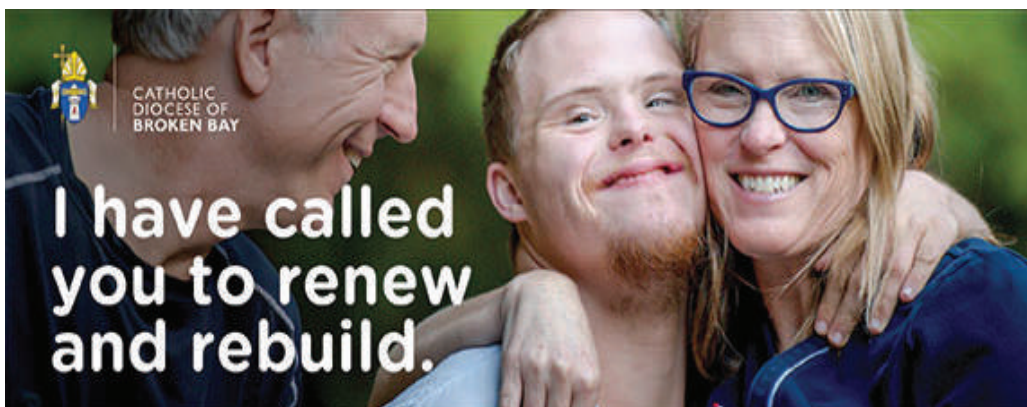
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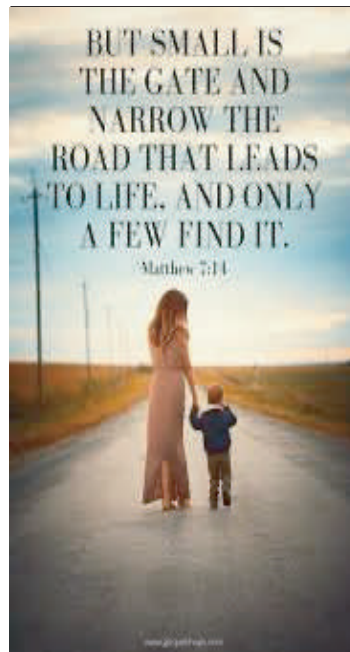


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